



## IMPLICATIONS OF THE COMPUTERIZATION OF RISK PREDICTION SCALES ON NURSING PROCESS RECORDS\*

IMPLICAÇÕES DA INFORMATIZAÇÃO DE ESCALAS DE PREDIÇÃO DE RISCO NOS REGISTROS DO PROCESSO DE ENFERMAGEM

IMPLICACIONES DE LA INFORMATIZACIÓN DE ESCALAS DE PREDICCIÓN DE RIESGO EN LOS REGISTROS DEL PROCESO DE ENFERMERÍA

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### RESUMO

**Objetivo:** Avaliar as implicações da informatização de escalas de predição de risco de lesão por pressão e de quedas nos registros do processo de enfermagem, considerando as etapas de avaliação, diagnóstico e evolução do paciente. **Método:** Este estudo quantitativo, observacional e retrospectivo analisou a informatização de escalas de predição de risco em um hospital universitário da região Sul do Brasil. Os dados foram obtidos a partir do prontuário eletrônico do paciente. A amostra foi composta por 764 prontuários de pacientes adultos internados em unidades clínicas e cirúrgicas, sendo 382 referentes ao período anterior e 382 ao período posterior à informatização das escalas. A análise dos dados foi realizada por meio de estatística descritiva, utilizando o software IBM SPSS Statistics for Windows. **Resultados:** Observou-se melhora significativa nos registros dos escores das escalas de predição de risco de lesão por pressão e de quedas nas etapas de avaliação, diagnóstico e evolução do processo de enfermagem no período posterior à informatização. Os diagnósticos de enfermagem identificados nos prontuários apresentaram relação com os escores finais das escalas preditivas. **Conclusão:** A informatização das escalas de predição de risco esteve associada ao aumento dos registros nas etapas do processo de enfermagem, podendo contribuir para a segurança e a qualidade da assistência prestada aos pacientes.

**Descritores:** Informática em Enfermagem; Registros de Enfermagem; Processo de Enfermagem; Medição de Risco.

### ABSTRACT

**Objective:** To evaluate the implications of the computerization of risk prediction scales for pressure injury and falls in nursing process records, considering the stages of patient assessment, diagnosis, and progress notes. **Method:** This quantitative, observational, and retrospective study analyzed the computerization of risk prediction scales in a university hospital in the southern region of Brazil. Data were obtained from the electronic patient record. The sample consisted of 764 medical records of adult patients hospitalized in clinical and surgical units, including 382 records from the period prior to and 382 from the period after the computerization of the scales. Data analysis was performed using descriptive statistics with IBM SPSS Statistics for Windows software. **Results:** A significant improvement was observed in the recording of scores from the pressure injury and falls risk prediction scales in the assessment, diagnosis, and progress stages of the nursing process in the period after computerization. The nursing diagnoses identified in the records were related to the final scores of the predictive scales. **Conclusion:** The computerization of risk prediction scales was associated with an increase in records across the stages of the nursing process and may contribute to the safety and quality of care provided to patients.

**Descriptors:** Nursing Informatics; Nursing Records; Nursing Process; Risk Measurement.

### RESUMEN

**Objetivo:** Evaluar las implicaciones de la informatización de escalas de predicción de riesgo de lesiones por presión y de caídas en los registros del proceso de enfermería, considerando las etapas de evaluación, diagnóstico y evolución del paciente. **Método:** Este estudio cuantitativo, observacional y retrospectivo analizó la informatización de escalas de predicción de riesgo en un hospital universitario de la región Sur de Brasil. Los datos se obtuvieron a partir de la historia clínica electrónica del paciente. La muestra estuvo compuesta por 764 historias clínicas de pacientes adultos hospitalizados en unidades clínicas y quirúrgicas, siendo 382 correspondientes al período anterior y 382 al período posterior a la informatización de las escalas. El análisis de los datos se realizó mediante estadística descriptiva, utilizando el software IBM SPSS Statistics for Windows. **Resultados:** Se observó una mejora significativa en los registros de las puntuaciones de las escalas de predicción de riesgo de lesiones por presión y de caídas en las etapas de evaluación, diagnóstico y evolución del proceso de enfermería en el período posterior a la informatización. Los diagnósticos de enfermería identificados en las historias clínicas presentaron relación con las puntuaciones finales de las escalas predictivas. **Conclusión:** La informatización de las escalas de predicción de riesgo estuvo asociada con el aumento de los registros en las etapas del proceso de enfermería, lo que puede contribuir a la seguridad y a la calidad de la atención prestada a los pacientes.

**Descriptores:** Informática en Enfermería; Registros de Enfermería; Proceso de Enfermería; Medición del Riesgo.

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### What is already known:

- Pressure injury and fall risk prediction scales support the nursing process, but when used on paper forms, they remain disconnected from the steps documented in the patient's electronic medical record.
- Real-time electronic recording increases the visibility of clinical data for the multidisciplinary team, facilitating decision-making and reducing adverse events.
- Clinical decision support systems integrated into the electronic medical record have the potential to strengthen diagnostic reasoning and improve the planning of nursing care.

### What this article adds:

- The computerization of the Braden and SAK scales in the AGHUse<sup>®</sup> system significantly increased the recording of predictive scores during the assessment and progress stages of the Nursing Process.
- Following computerization, greater alignment was observed between risk scores and established nursing diagnoses, with a significant increase in "Risk of pressure injury" and "Risk of falls."
- The integration of the scales into the electronic medical record contributed to patient safety and quality of care by promoting diagnostic accuracy and individualized planning of preventive measures.

## INTRODUCTION

Risk prediction scales are tools developed to provide health professionals with an objective assessment of the probability that a given outcome will affect a patient. Their use allows systematic and accurate evaluations, supporting decision-making and care planning by the multidisciplinary team<sup>(1)</sup>. In the context of nursing, risk prediction scales support the nursing process (NP), contributing both to the initial assessment and to monitoring the patient's clinical progression. In addition, they favor clinical reasoning aimed at establishing diagnoses, planning care, and making decisions, with the goal of achieving the best possible outcomes and promoting safer and more qualified care<sup>(2-3)</sup>. These tools can also improve the documentation of nursing records in the electronic patient record (EPR), whether in physical or electronic format, by demonstrating the care provided according to the identified problems and the risk factors presented<sup>(2)</sup>.

In the institution where this study was conducted, the NP is developed based on standardized language systems integrated into the EPR, in accordance with theoretical frameworks<sup>(4-6)</sup> and Brazilian professional legislation<sup>(2,7-9)</sup>. However, until 2019, risk prediction scales were applied using printed forms, separately from the stages of the NP and, consequently, from the EPR. This reality, also observed in other institutions, may be associated with weaknesses in health records and possible harm to the safety and quality of care. Among the limitations of manual documentation is the time required for information to become available to the care team. In contrast, recording data in the EPR, when performed in real time, facilitates the rapid availability of information to health professionals, contributing to decision-making and reducing the likelihood of errors, incidents, and adverse events with potential negative impact on the patient<sup>(9)</sup>.

Thus, in 2019 the institution implemented the computerization of the risk prediction scales used by nursing in the AGHUse<sup>®</sup> system, an open-source EPR software with an integrated management system capable of generating results that support the transformation of healthcare management<sup>(10)</sup>. This initiative enabled the integration of risk prediction scores into the stages of the NP, especially with regard to assessment, nursing diagnoses, and nursing progress notes. Such integration began to stimulate critical thinking, improve diagnostic accuracy, expand the imple-

mentation of preventive measures in response to adverse events, and improve the monitoring of these events.

Among the computerized scales implemented at the institution are the Braden Scale, used to assess the risk of pressure injury (PI) in adult patients<sup>(11)</sup>, and the Severo-Almeida-Kuchenbecker (SAK) Scale, intended to assess the risk of falls in hospitalized adult patients<sup>(12)</sup>. SAK replaced the Morse Fall Scale<sup>(13)</sup>, which had previously been used since 2000 in a printed form. The computerization represented a relevant advancement in the work process by improving care practices, strengthening communication among the multidisciplinary team, and ensuring the visibility of data recorded in real time in the EPR in a clear and standardized manner.

Despite the observed advances, the need was identified to evaluate the use of this new functionality developed in AGHUse<sup>®</sup>, which makes it possible to relate risk prediction scales to the computerized NP. In this context, the following guiding question was formulated: did the computerization of risk prediction scales applied by nursing improve the recording of NP stages?

The present study aimed to evaluate the implications of the computerization of risk prediction scales for PI and falls on NP records, considering the stages of patient assessment, nursing diagnosis, and nursing progress notes.

## METHOD

This was a quantitative, observational, and retrospective study that analyzed the computerization of risk prediction scales for PI and falls. The conduct of the study was guided by the REporting of studies Conducted using Observational Routinely-collected health Data (RECORD)<sup>(14-15)</sup>.

The study was conducted in 2023 at a federal public university hospital in the southern region of Brazil. Retrospective data were used from the second half of 2018, the period immediately preceding the beginning of the computerization process of the risk prediction scales for PI (Braden)<sup>(11)</sup> and falls (Morse Fall Scale)<sup>(13)</sup>, and from the second half of 2019, the period immediately following the completion of the computerization of the Braden (predictive for PI)<sup>(11)</sup> and SAK (predictive for falls)<sup>(12)</sup> scales.

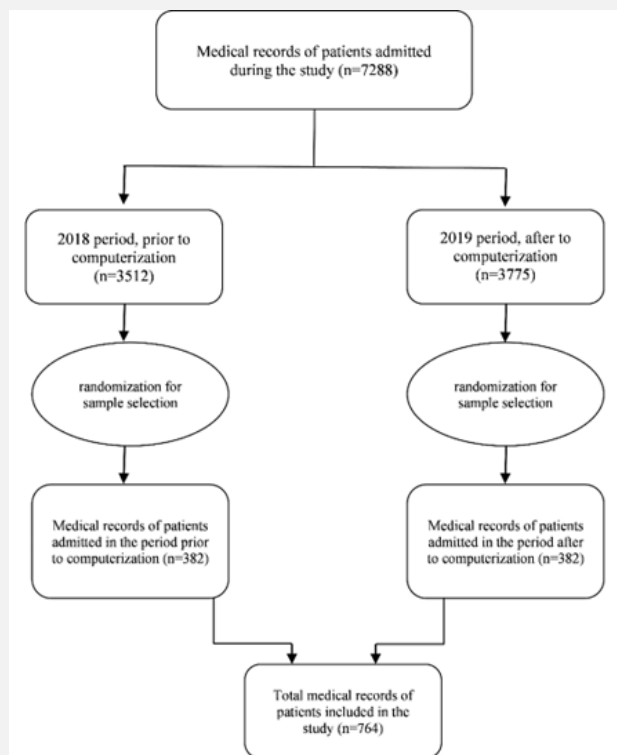
The study population consisted of data from EPRs of patients hospitalized in the institution's clinical and surgical units. The sample size was calculated to detect differences between the proportions of patients with and without risk

of PI and with and without risk of falls, using the PSS Health online tool. The final sample consisted of 764 EPRs, including 382 from the period prior to and 382 from the period after the computerization of the scales, encompassing the assessment of PI and falls risk using their respective predictive scales.

EPRs of adult patients aged 18 years or older, of both sexes, hospitalized in clinical and surgical units, who were assessed using the Braden and Morse Fall Scale in the second half of 2018 and the Braden and SAK scales in the second half of 2019 were included. An additional inclusion criterion was that the first assessment using the scales had been performed within the first 24 hours of hospital admission. EPRs of patients without a nursing assessment record in the EPR at the time of hospital admission were excluded.

Data collection logistics were organized into four stages. The first stage consisted of selecting EPRs of hospitalized patients obtained through queries, a process of extracting information from the AGHUse® database requested from the Informatized Medical Records Archive Service (SAMIS, in Portuguese). These queries identified 7,288 EPRs of patients hospitalized between 07/01/2018 and 12/31/2018 and between 07/01/2019 and 12/31/2019, regardless of the hospitalization unit, a number higher than the calculated sample size of 764 EPRs.

Randomization was performed to select the sample in each period using Microsoft Excel through the “RANDBETWEEN” function in order to compose 382 EPRs for each group, before and after computerization (Figure 1).



**Figure 1** - Flowchart of selection and inclusion of patient records. Porto Alegre, RS, Brazil, 2023  
 Source: prepared by the authors, 2023.

In the second stage, after selecting the eligible EPRs, a new query was requested from SAMIS to obtain data related

to sample characterization. Sociodemographic and clinical variables of the patients were collected and subsequently organized into a secondary database specific to the study.

In the third stage, a data collection instrument was applied to identify the presence of records of risk prediction scores from the Braden, Morse Fall Scale, and SAK scales in the stages of the NP. The instrument was developed by the researchers using the Google Forms platform and structured into two sections: the first focused on the evaluation of EPRs regarding PI risk prediction (Braden), and the second referred to falls risk prediction (Morse Fall Scale or SAK). Its construction was based on the stages of the computerized NP in the AGHUse® system (nursing assessment and nursing progress notes) and on nursing diagnoses (NDs) related to the investigated phenomena — PI and falls — according to the diagnostic taxonomy of NANDA International (NANDA-I)<sup>(6)</sup>. The instrument underwent a pilot test with a previously trained team to ensure the quality and agreement of the collected data.

The fourth stage consisted of identifying the NDs recorded in the 764 EPRs included in the sample through a new query requested from SAMIS. NDs related to psychosocial and spiritual needs were excluded because they were not the focus of the study, and only those associated with psychobiological needs were retained<sup>(4)</sup>. The analysis was performed by the principal investigator under the supervision of the advisor, based on the NANDA-I taxonomy, considering definitions, risk factors, related factors, and defining characteristics relevant to PI and falls events<sup>(6)</sup>.

Data were stored in an institutional drive with restricted access to the researchers. Statistical analysis was performed using IBM SPSS Statistics for Windows, version 22 (IBM Corp., Armonk, N.Y., USA). Continuous variables with asymmetric distribution were expressed as median and interquartile range according to the assessment of normality using the Kolmogorov-Smirnov test. Categorical variables were presented as absolute numbers and percentages. To analyze associations between the periods before and after the computerization of the risk prediction scales, the chi-square test and/or Fisher’s exact test were used for categorical variables. The significance level adopted was 5% (p < 0.05).

The study was conducted in accordance with national ethical guidelines and was approved by the institution’s research ethics committee under CAAE no. 66618123.1.0000.5327 and opinion no. 5.992.572. The researchers declared that they were aware of and complied with the requirements of the Brazilian General Data Protection Law<sup>(16)</sup>. Patient consent was waived because this study used exclusively retrospective data from the EPR, and contacting all potential participants was not feasible due to incomplete or outdated records, occurrence of deaths, and possible risks or discomfort associated with contacting individuals to obtain consent.

## RESULTS

Among the 764 EPRs of hospitalized patients analyzed, 402 (52.6%) corresponded to women. The median age was 61 [49-71] years, and most hospitalizations occurred in surgical units (n = 647; 84.7%). The median length of stay

was 5 [3-11] days.

Regarding educational level, 271 (35.5%) patients had incomplete elementary education, and 301 (39.4%) were from the city of Porto Alegre, Rio Grande do Sul. According to the International Classification of Diseases and

Related Health Problems, the main reasons for hospitalization were neoplasms (n = 221; 27.6%), diseases of the circulatory system (n = 119; 15.6%), and diseases of the genitourinary system (n = 110; 14.4%) (Table 1).

**Table 1 - Sociodemographic and clinical characteristics of patients described in the electronic patient record, before and after the computerization of risk prediction scales in the AGHUse® system. Porto Alegre, RS, Brazil, 2023**

Variable	Before computerization (n = 382)	After computerization (n = 382)	Total (n = 764)
Age, years*	60 [16-92]	63 [18-99]	61 [49- 71]
Female sex†	197 (51.6)	205 (53.7)	402 (52.6)
<b>Area of hospitalization</b>			
Surgical units	322 (84.3)	325 (85.1)	647 (84.7)
Clinical units	60 (15.7)	57 (14.9)	117 (15.3)
Total length of stay, days*	5 [1-140]	4 [1-56]	5 [3-11]
Length of stay in surgical units (days)*	5 [3-10]	4 [2-9]	5 [3-10]
Length of stay in clinical units (days)*	5 [2-12]	4 [2-8]	5 [2-10]
<b>Place of origin†</b>			
City of Porto Alegre	151 (39.5)	150 (39.3)	301 (39.4)
Countryside of the state of Rio Grande do Sul	133 (34.8)	141 (36.9)	274 (35.9)
Metropolitan region of Porto Alegre	98 (25.7)	91 (23.8)	189 (24.7)
<b>Education†</b>			
Incomplete elementary education	151 (39.5)	120 (31.4)	271 (35.5)
<b>Reason for hospitalization/ICD†</b>			
Neoplasms (tumors)	100 (26.2)	111 (29.1)	221 (27.6)
Diseases of the circulatory system	57 (14.9)	62 (16.2)	119 (15.6)
Diseases of the genitourinary system	53 (13.9)	57 (14.9)	110 (14.4)
Diseases of the digestive system	25 (6.5)	35 (9.2)	60 (7.9)
Diseases of the musculoskeletal system/connective tissue	30 (7.9)	24 (6.3)	54 (7.1)
Endocrine, nutritional/metabolic diseases	24 (6.3)	12 (3.1)	36 (4.7)
Other	93 (24.3)	81 (21.1)	164 (21.4)

Source: prepared by the authors, 2023.

Asymmetric variables presented as median and interquartile range.

†Categorical variables expressed as n (%).

ICD: International Classification of Diseases and Related Health Problems.

With respect to records of the PI risk score, the comparison between the periods before and after computerization showed a significant increase in the frequency of recording the Braden score in the nursing assessment (p < 0.001). This increase was also observed in nursing progress notes performed within the first 24 hours of hospital admission (n = 368; 96.8%), with a statistically significant difference (p < 0.001) (Table 2).

Similarly, when analyzing the presence of the falls risk score (Morse Fall Scale; SAK) in nursing assessment records, a significant increase in frequency was observed after computerization (p < 0.001). There was also a significant increase in the recording of these scores in nursing progress notes performed within the first 24 hours of hospitalization (p < 0.001) (Table 2).

**Table 2 - Frequency of records in the patient record of the risk score for pressure injury and falls in nursing assessment and nursing progress notes, before and after the computerization of the scales in the AGHUse® system. Porto Alegre, RS, Brazil, 2023**

Presence of risk score record in NP stages	Before computerization (n = 382)	After computerization (n = 382)	p-value
<b>Pressure injury risk score</b>			
<b>Nursing Assessment</b>			
Braden score	365 (95.5)	378 (99.0)	< 0.001*
<b>Progress notes within the first 24h</b>			
Braden score	315 (83.3)	368 (96.8)	< 0.001*
<b>Falls risk score</b>			
<b>Nursing Assessment</b>			
Risk prediction score	366 (95.8)	378 (99.0)	< 0.001*
<b>Progress notes within the first 24h</b>			
Risk prediction score	335 (87.7)	376 (98.4)	< 0.001*

Source: prepared by the authors, 2023.

Categorical variables expressed as n (%). Statistical significance considered for p ≤ 0.05.

\*Pearson's chi-square test.

Regarding the NDs established for the 764 patients evaluated, 13 distinct NDs were identified, classified as actual or risk diagnoses. Among patients at risk for PI according to the Braden scale, the most frequent NDs were "Risk for perioperative positioning injury" (n = 396; 35.3%)

and "Impaired tissue integrity" (n = 139; 18.7%). When comparing the periods, a significant increase was observed in the frequency of the ND "Risk for pressure injury" after computerization (p = 0.001) (Table 3).

**Table 3** - Nursing diagnoses established for patients evaluated regarding their PI risk score using the Braden scale, identified in records before and after the computerization of the scales in the AGHUse<sup>®</sup> system. Porto Alegre, RS, Brazil, 2023

Nursing diagnosis**	Before computerization*** (n = 354)	After computerization*** (n = 388)	Total (n = 742)	p- value
Risk for perioperative positioning injury	190 (53.7)	206 (53.1)	396 (53.4)	0.87*
Impaired tissue integrity	67 (18.9)	72 (18.6)	139 (18.7)	0.89*
Risk for pressure injury	14 (4.0)	51 (13.1)	65 (8.8)	0.00*
Impaired physical mobility	20 (5.6)	16 (4.1)	36 (4.9)	0.33*
Decreased self-care ability syndrome	23 (6.5)	10 (2.6)	33 (4.4)	0.01*
Acute pain	14 (4.0)	12 (3.1)	26 (3.5)	0.52*
Decreased grooming abilities	10 (2.8)	6 (1.5)	16 (2.2)	0.23*
Impaired skin integrity	6 (1.7)	5 (1.3)	11 (1.5)	0.64*
Risk for impaired skin integrity	7 (2.0)	4 (1.0)	11 (1.5)	0.28*
Risk for infection	3 (0.8)	5 (1.3)	8 (1.1)	0.56*
Chronic pain	—	1 (0.3)	1 (0.1)	0.33*

Source: prepared by the authors, 2023.

Categorical variables expressed as n (%). Statistical significance considered for  $p \leq 0.05$ .

\*Pearson’s chi-square test.

\*\*Patients presented one or more nursing diagnoses.

\*\*\*Number of times the nursing diagnosis was established.

In the EPRs of patients at risk of falls, five NDs related to the event were identified, the most frequent being “Risk for falls” (n = 297; 73.3%). When comparing the periods before and after computerization, a significant increase in

the frequency of this ND was observed (p = 0.05). Conversely, the ND “Risk for bleeding” showed a significant reduction after the computerization of the risk prediction scales (p = 0.04) (Table 4).

**Table 4** - Nursing diagnoses established for patients evaluated regarding the falls risk score using the Morse and SAK scales, identified in records before and after the computerization of the scales in the AGHUse<sup>®</sup> system. Porto Alegre, RS, Brazil, 2023

Nursing diagnosis**	Before computerization*** (n = 204)	After computerization*** (n = 201)	Total (n = 405)	p- value
Risk for falls	141 (69.1)	156 (77.6)	297 (73.3)	0.05*
Impaired physical mobility	24 (11.8)	20 (10.0)	44 (10.9)	0.55*
Decreased self-care ability syndrome	22 (10.8)	19 (9.5)	41 (10.1)	0.65*
Risk for bleeding	15 (7.4)	6 (3.0)	21 (5.2)	0.04*
Decreased grooming abilities	2 (1.0)	—	2 (0.5)	0.15*

Source: prepared by the authors, 2023.

Categorical variables expressed as n (%). Statistical significance considered for  $p \leq 0.05$ .

\*Pearson’s chi-square test.

\*\*Patients presented one or more nursing diagnoses.

\*\*\*Number of times the nursing diagnosis was established.

## DISCUSSION

The computerization of risk prediction scales for PI and falls demonstrated a positive and statistically significant impact on the records of NP stages in the studied institution. This finding reinforces the relevance of the technological advancement implemented and the innovative nature of the study, particularly due to the integration of the scales into the EPR.

Improvement was observed in the records of PI and falls risk scores in the nursing assessment stage when compared with the period before computerization. In this stage, the nurse establishes rapport with the patient and performs a physical examination to identify clinical evidence and risk factors that support the identification of NDs and decision-making regarding the necessary interventions<sup>(6,17)</sup>. The incorporation of predictive scores into this stage strengthens patient safety by increasing the objectivity of clinical assessment. Computerization enabled the automation of these records, promoting more comprehensive assessments and supporting the establishment of more accurate NDs, with a direct impact on care planning<sup>(18- 20)</sup>.

In the nursing progress stage, a significant improvement in the presence of scores was also identified after computerization for both patients at risk of PI and those at risk of falls. This result is partly due to the automation of records, since the scores applied during assessment began to migrate automatically to the progress note field, providing greater visibility of the identified risks<sup>(21)</sup>. However, the nurse remains responsible for the daily validation of these scores, ensuring safe and updated documentation in the EPR.

The automation of scores increased the visibility of information related to PI and falls risks for the entire multidisciplinary team, supporting the adoption of safer care practices. Integrated record systems and clinical decision support tools have been associated with improved care efficiency, increased patient safety, and greater satisfaction among healthcare professionals. These systems play an important role in reducing adverse events by signaling critical points that require clinical attention<sup>(22)</sup>.

Among the NDs established for patients evaluated for PI risk, the most frequent was “Risk for perioperative positioning injury”<sup>(6)</sup>, regardless of the analyzed period. This finding is directly related to the profile of the sample, which

consisted predominantly of surgical patients (84.7%). The literature highlights the importance of care related to PI risk associated with surgical positioning<sup>(23-24)</sup>. The high frequency of this ND may reflect the recognition of intrinsic and extrinsic factors as well as the expertise of nurses in associating predictive factors with the establishment of more accurate NDs<sup>(25-26)</sup>.

The ND “Impaired tissue integrity”<sup>(6)</sup> also showed high frequency. Considering the predominance of surgical patients, it is plausible that this ND is related to mechanical trauma resulting from surgical or invasive procedures rather than necessarily to the occurrence of PI.

The ND “Adult pressure injury”<sup>(6)</sup> showed a significant increase after computerization. According to the NANDA-I taxonomy<sup>(6)</sup>, this is the most appropriate ND for patients classified as high risk according to the Braden score. The functionality implemented in AGHUse<sup>®</sup> began to provide clinical decision support by suggesting the opening of this ND when a higher risk was identified. This mechanism likely contributed to the increase in its frequency and to greater diagnostic accuracy after computerization<sup>(27-29)</sup>.

Regarding the identification of NDs related to falls risk, the most frequent was “Risk for falls”<sup>(6)</sup>. This finding is consistent with the literature, as demonstrated in a study conducted with adult patients hospitalized in clinical and surgical units, which also identified this ND among the most prevalent<sup>(30)</sup>. Another study conducted with 80 patients hospitalized in surgical units found that 86.25% presented the ND “Risk for falls”<sup>(31)</sup>. It was also observed that, after the computerization of the scales, this ND remained the most frequent, indicating that the functionality developed in the AGHUse<sup>®</sup> system to increase diagnostic accuracy, similar to that implemented for patients at risk of PI, began to provide clinical decision support. Thus, the system began to signal to the nurse the need to establish the ND “Risk for falls” according to the identified risk stratification.

The development and use of clinical decision support systems focused on nursing represent tools that assist the care work process. Although they do not replace the professional’s clinical reasoning, these systems contribute to increasing decision-making accuracy<sup>(27-28)</sup>. In addition, clinical decision support encourages nursing staff adherence to new functionalities by providing greater confidence for the professionals involved. It also contributes to building an environment conducive to digital transformation by promoting integration between healthcare professionals and information technology professionals, who share multidisciplinary knowledge and produce new evidence to improve care quality<sup>(32)</sup>.

Another ND frequently identified among patients at risk of falls was “Risk for bleeding”<sup>(6)</sup>. Although it was recorded more frequently before the computerization of the prediction scales and does not present a direct relationship with predictive falls scores, it is important to consider that, in the institution where the study was conducted, patients with critical results in prothrombin time, activated partial thromboplastin time, and/or platelet count must have this ND established. In such cases, the prescription of nursing care is also recommended, with special attention to falls prevention measures, since this type of adverse event may

result in severe complications in patients with increased bleeding risk<sup>(33)</sup>. Overall, the study results indicate that the computerization of risk prediction scales positively affected the records of NP stages, particularly due to the systematic presence of risk scores. This integration enabled more detailed monitoring of health risks, supported clinical decision-making, and generated automated alerts that facilitate the establishment of more accurate nursing actions. These actions have the potential to prevent or mitigate adverse events, contributing to reduced hospital length of stay and associated costs<sup>(34)</sup>.

Despite the observed advances, expanding the use of nursing informatics still faces important challenges, mainly related to limited financial resources and the need for professional training. Nevertheless, the computerization of risk prediction scales may represent a strategic investment for transforming care by contributing to the mitigation of adverse events and to the reduction of care-related costs resulting from these events<sup>(35)</sup>.

Among the study limitations, it is important to highlight that sample selection was performed through simple randomization without stratification by groups, such as clinical and surgical patients. This resulted in a greater number of EPRs from patients hospitalized in surgical units, which present higher turnover in the studied institution. Another limitation refers to the replacement of the Morse Fall Scale with the SAK scale during the same period in which the computerization of the scales occurred. However, this situation is not considered to have introduced bias in the results, since the study did not compare the items of the scales but rather analyzed the impact of recording their scores on NP stages.

## CONCLUSION

There was a significant increase in the frequency of recording predictive scores for PI and falls in the nursing assessment and nursing progress stages of the NP after the computerization of the risk prediction scales.

In the ND stage, greater alignment was observed between risk stratification and the establishment of NDs, which may have contributed to improvements in the care provided to patients. In addition, although not a specific focus of investigation in this study, advances related to agility, connectivity, and institutional sustainability were observed, particularly due to the reduction in the use of paper forms.

Thus, the computerization of risk prediction scales proved to be relevant for care practice by improving NP records, strengthening nurses’ clinical reasoning, and facilitating risk identification. This process contributes to more precise and individualized targeting of preventive actions and promotes greater safety in patient care.

\*Article derived from the doctoral dissertation entitled “Evaluation of the impact of the informatization of risk prediction scales on the quality of nursing records: a before-and-after study,” presented to the Graduate Program in Nursing at the Federal University of Rio Grande do Sul, Porto Alegre, RS, Brazil, in 2024.

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## CONFLICT OF INTERESTS

The authors declare no conflict of interests.

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#### AUTHOR CONTRIBUTIONS

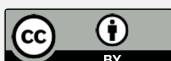
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All authors are responsible for the writing of the manuscript and the critical review of the intellectual content, the final published version, and all ethical, legal, and scientific aspects related to the accuracy and integrity of the study.



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