



# Care network for alcohol and drug users: a descriptive research

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## ABSTRACT

**Aims:** to describe the health care network for drug users in a city in Rio de Janeiro, and analyze their movements in order to provide support to drug users. **Method:** this is a descriptive study, using a qualitative approach. Participants will be professionals associated with the psychosocial care network, excluding those working in primary institutions that do not provide care to drug users. Data will be collected through semi-structured and systemized interviews and subjected to thematic analysis. **Expected results:** support aimed to empower the care network for drug users. **Health implications:** to know how the network operates in terms of care for drug users. This will provide managers and health professionals with tools to make care more accessible to the drug-user population.

Descriptors: Mental health; Substance-Related disorders; Delivery of dealth care.

#### PROBLEM SITUATION AND ITS SIGNIFICANCE

The psychosocial care network aims to provide drug users with care features in terms of different institutions and important proposals. However, users often find it difficult to access the service. Another issue is that health professionals are so concerned with creating a trajectory and services directed to users that they end up forgetting that those individuals have their own history and create their own connecting networks where they live. The network is an essential component of thinking about the psychosocial care of drug users. Health services are still organized according to the pyramidal hierarchies. Currently, this form of organization is being questioned; therefore, we propose to reconceptualize the health system as a circle, taking hospitals from the "being-on-top" position as suggested by the pyramid structure. Thinking of the health services as a circle enables us to place their relationship more horizontally. This logic is consistent with the idea that any health service is a of high technologically dense space, which should be available to citizens<sup>(1)</sup>.

The performance in terms of public networks guides health care organizations<sup>(2)</sup>. From this perspective networks must comply with the different realities of the subjects, as well as consider the resources available to their conformation in each location<sup>(2)</sup>.

#### **GUIDING QUESTION**

How has the organization of the health services provided access to care for drug users?

#### AIM

To describe the Care Network Health system with regard to users of alcohol, crack cocaine and other drugs in a city of Rio de Janeiro.

To analyze how the network operates in order to provide care to drug users

### METHOD

This study comes from a research project by the Labor Education Program (PET), Fluminense Federal University, which is the connection between the university with the services. The locus of the research is the public health system Psychosocial Care Center for the support of drug users, the Alcohol and Drug Service of the Jurujuba Psychiatric Hospital, the Family Health Program, and the Medical Office in Street.

This is a descriptive study adopting a gualitative approach. This proposal is based on the principle that users exploit the network in different places and in different ways. Therefore, in order to understand this network, semi-structured interviews with professionals of the health care network for drug users will be undertaken. After the interviews, we will develop an analytical framework to clarify the workings of the health care networks, their movements, and the different ways in which they act and communicate. The data will be analyzed using thematic analysis. The research subjects are the public health care network professionals (network articulators in the region under consideration, primary care and psychosocial care professionals) in senior positions who are active in their support of drug users. The exclusion criterion is individuals who do not provide a health care service to drug users.

The study period in the fieldwork will take place between October 2014 and February 2015.

The study was approved by the Ethics Committee of the Fluminense Federal University, opinion No. 862,452.

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